Directions: road cycle route Isle of Man

Distance travelled (km)	Directions	Notes
0	Start at Isle of Man Sea Terminal, Douglas. Follow the Promenade and the King Edward Road and keep parallel to the rail line	Pass Electric Railway museum
7.3	R onto small lane, follow signs to St Lonan's Church	
10.5	R on to A2, continue through Baldrine	
13.8	R down Old Laxey Hill (just after a small petrol station on the R). The R onto Tent Road to the quay at Laxey onto the promenade. Return to Old Laxey Hill Road, turn R across Laxey River and ascend Minorca Hill	Laxey Beach Café for great cakes
15.7	R onto A2 towards Ramsey	
20.7	R on lane, signed to Port Cornaa.	Port Cornaa
22.0	L to cross small ford (or use footbridge) then uphill following signs for Rhenab/ancient monument	
24.3	R on A15 towards Ramsey; then R on A2 to Ramsey	
33.2	Turn R off A2 onto Stanley Mount East (then promenade). Continue around harbor, cross iron bridge, pass sports centre and cycle the promenade.	
36.2	Turn R onto A10 towards Bride	
41.6	In Bride at mini-roundabout in front of St Bride's Church/tearooms tale 2nd exit following signs to Point of Ayre	
46.7	At Point of Ayre retrace route to St Bride's Church; take 2nd exit on A10 continue through Jurby and The Cronk	
61.0	At The Cronk turn right off the A10 on the minor road towards Orisdale	
69.6	Turn R at T junction, through	

	Orisdale then turn R on A3	
73.3	At Kirk Michael Turn R on to the A4 towards Peel	
83.0	Opposite petrol station turn R towards seafront, continue along Shore Road towards harbor then along East Quay	
84.0	L at T junction following sign for 'All Routes' uphill along Station Road. After 20 metres or so sweep right uphill on Patrick Street and continue on A27 (keeping row of coloured houses to right). Continue through Dalby then climb steeply through forestry and morland	
96.0	R at crossroad onto A36 towards Port Erin	
104.6	At mini-roundabout take 3rd exit onto A7 towards Port Erin	
105.1	At LH bend turn R onto unmarked road towards Ballafesson and then on to the sea front at Port Erin. Continue along Shore Road. After the telephone box turn L uphill along Ballafurt Road then along a single track road across the moor	
110.8	At T junction turn R and descend to reach the Calf of Man Visitors Centre after 2km. Retrace route, then continue past Cregneash, NE on the A31.	Calf of Man Visitor Centre
115.8	R onto small lane called Glen Chass	
116.3	L (Fistard Road) towards Port St Mary, almost doubling back on yourself. Continue to Port St Mary, then turn north on road parallel to coast	
118.5	R onto Beach Road to Castletown, then A5. Continue to the east end of Bay ny Carrickey and just after a derelict stone barn on the L take the small lane	Worthwhile loop for views across bay and scenic quiet lane

	to R (next to a small carpark on R) towards a white house on the promontory (and footpath for Raad ny Follen). Continue around the coast	
124.3	R on A5 towards Castletown	
125.2	R to follow signs to 'Town centre' of Castletown, through historic area and over bridge, turn R down Bridge Street towards coast	
127.8	2nd exit on mini-roundabout onto A5 through Ballasalla	
132.4	R onto A25 towards Port Soderick	
137.6	R to Port Soderick (and Isle of Man Steam Railway) on Port Soderik Glen Road, continue under steam railway bridge	
138.5	At T junction with A37 turn L uphill onto Marine Drive (R leads down to Port Soderick). After 900 metres or so, just after a large white house and a left then right bend in the road take the unmarked lane to the right (marked as a dead end – this is the continuation of Marine Drive near Keristal on the OS map)	
145.1	2nd exit along South Quay, Douglas. After 300 metres cross bridge and continue across two mini-roundabouts to reach Isle of Man Sea Terminal	