



## Tiree: mountain bike route

Distance (km)	Instruction	Notes
0	Leave ferry terminal on B065	Yellow Hare Cafe
0.8	Turn left at junction with B0865, continue through Scarinish and follow signs towards Heanish.	Island Centre, Scarinish Hotel, Tiree Co-op
9.6	Turn left on B8066 towards Manna	
11.4	Turn right to Balephuill on B8067	
14.4	Turn right to Loch a' Phuill, pass sewerage works, take the track up the LH side of the loch and pass several ruined buildings to reach the concrete track to Barrapole	You could also head to the car park to visit the beach at Traigh Bhi; see the ruins of St Patrick's Chapel; and explore the wild and rugged coastline; and climb to the summit of Beinn Ceann a' Mhara – great for views of the Skerryvore lighthouse, 17km southwest of Tiree
17.4	Turn left onto B8065	
18.3	At RH bend continue straight ahead onto the track and continue through the dunes towards Sandaig	
20.4	Reach minor road (opposite signs for Middleton) and continue north passed Kilkenneth.	Turn right on the minor road to reach Ceabhar Restaurant and Bun Dubh Crafty Enviropunk Brewing
22.7	Turn left at the base of Cnoc an Fhithich on the track towards the house but taking the right fork to avoid the house and continue towards Rubha Hanais. Continue through the dunes, crossing fencelines, to the track parallel to Hough Bay. Meet the pebble track and continue along then onto the minor road, through the houses of Balevullin towards the road.	Beinn Hough (119 m) can be reached from the tarmac lane up its west flank  Wonderful beach at Traigh Thodhrasdail can be accessed near Rubha Hanais
27.5	Turn left onto minor road that leads past Loch Bhasapoll	
30.1	Continue straight over onto B8068 following signs to Balephetnish. Continue around Balephetnish Bay and continue passed Rockvale Guesthouse on the right.	
33.8	Turn left towards a farm house (and sign to Balephetnish), continue around the back of the farmhouse and find the coast path towards the Ringing Stone. Keep to the coast, go through gates, pass	Ringing Stone – an erratic from the ice-age with many cup marks thought to be linked to ancient fertility rituals



	the Ringing Stone, cross a stone wall and head uphill to reach the cairn then on to Dun Mor Brock	
39.3	Reach tarmac track near trig point for An Cnap, continue alongside the golf course.	
39.6	Turn left onto B8069	
40.9	Turn left to Salum, head towards the house on Traigh Shathalum and continue parallel to the shore to reach the farm at Miodar	
43.9	Reach the public track and follow it south towards Caolas	Basking sharks can often be seen in Gunna Sound. Great views across to Coll
45	Turn right onto B8069, then immediately left to Milton and return the same way back to the B8069.	Fishermen's pier
48.4	Turn left at B8069	
50.2	Turn left towards Roag.	
50.8	Turn right along track in front of the houses, go through Broch and take the track that parallels the beach of Traigh Mor	
52.2	Turn left at B8068	Traigh Mor, classic wind-surfing beach
54.9	Turn left towards Scarinish	
56	Turn left towards ferry terminal	
56.8	Arrive at ferry terminal	