

Coll: round island bike ride

Distance (km)	Instruction	Notes
0	Leave ferry terminal on B8070 towards the main village of Arinagour	Main food and accommodation centre
1.4	Kept left as you leave the village to continue on the B8070 and take the left fork just in front of the chapel building following signs to the Airfield.	
8.7	Reach the entrance to the airport, continue along road	
9.2	Left at junction, head southwest towards Crossapol Bay	Optional excursion along sandy track to see beautiful Crossapol Bay
10.7	Reach the RSPB carpark for Crossapol Bay and continue along the sand track (in places a grass alternative can be found to the side of the main track)	
12.0	Reach Crossapol Bay. Return via the same route	
14.6	Continue straight ahead at junction	
16.2	Reach carpark at Machair Mhor, take the sandy track through the RSPB's Totronald Reserve	Sandy path – bike will need to be pushed
17.9	Go through the metal gate towards the farmhouse	Before reaching the gate a track leads down to stunning Hogh Bay
18.4	Go through a further gate and through the compound of The Hebridean Centre, Ballyhaugh and continue on the B8071	From the B8071 the trig for the island highpoint, Ben Hogh (106m), can be seen to the right. To the left are multiple glimpses of the island's stunning north coast with many paths to walk down to visit the beaches
22.6	Footpath to fabulous Cliad Beach to the left	
23.1	At Arnabost go straight over the junction on to the B8072 to the east end of the island	Turn right to return to the ferry Torastan beach is a short distance along the B8072 and great for wild camping (call 07554 095464 or 07748 647818 for permission)
31.3	Go through gate at the end of the lane towards the beach	
31.5	Sorisdale Beach, return along B8072	
40.0	At Arnabost turn left on B8071 towards Arinagour	
44.6	Return to ferry	

