



GODREVV ISLAND (mainland walk) CORNWALL

Distance: 8.2 km (5.1 miles)
Difficulty: easy-moderate
Terrain: sandy and rocky paths; hills
Height gain: 405 metres
Map: OS Explorer 102
Starting point: (GR SW 581 430)

Highlights

- The best views of Godrevy Island and lighthouse
- Swims from Godrevy Beach
- Dramatic rocky inlet of Hell's Bay
- Seals at Mutton Cove
- Idyllic Cornish lanes

Pubs and cafes near the route

- Godrevy Beach Café
- The Rockpool Beach café
- Hell's Mouth Café

Dogs

- Welcome on Godrevy beach except during July and August (10am - 6pm) when a seasonal dog ban is in place

Godrevy: Circular walk

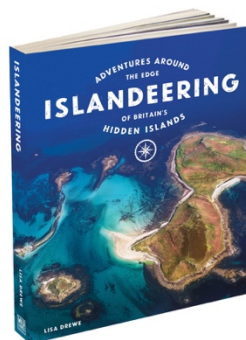
Godrevy Island can be visited on a boat trip from St Ives or can be readily seen from the South West Coast path near Godrevy Head. For those that don't want to walk at all, you can park right next to the best viewpoint for the island. For those who want to experience a beautiful stretch of the Cornish coast, this route includes the steep clifftop path from Navax Head to Hell's Mouth, seal watching, woodlands, views over the Red River Valley and walking along fragrant hedge-lined country lanes. The 0.7 km stretch along the B3301 can be busy in tourist season.



Directions

1. From the car park, head north towards the lighthouse on the island, along the South West Coast Path around Godrevy Head. This stretch offers the best views of Godrevy Island.
2. After the benches, continue east along the coast path. Go through the gate onto the Knavocks and follow the track through the heathland. Pass the trig point. Continue round the headland on this path and you will reach a wooden then a stone stile. Continue across the field, then over another stone stile onto a wide track.
3. Before the end of the track turn left through the stone gateposts and follow the path towards the cliff edge, and continue along the cliff-top until the path gently descends towards Hell's Mouth. Cross the B3301 to reach the café.
4. Take the path to the side of the café then the waymarked track. Turn right at a T junction with another track and continue alongside woodland. The track veers left, then crosses a small stream and marshy area. Head across the fields until you reach a small lane near a large barn.
5. Turn right onto the small lane, and continue for 1.7 km passed the houses of Gwealavellan until you reach the B3301. Turn left.
6. Head along the B3301 for 0.7 km to reach the Gwithian Bridge. Turn right, follow the path alongside the road, passed the Rockpool then Godrevy cafés, and pick up the South West Coast Path along the coast line back to the Godrevy car park.

There are circular routes around 50 islands of Britain, features in our book "Islandeering: adventures around the edge of Britain's hidden islands".



Happy Islandeering
Lisa, Charlie and Goose
www.islandeering.com