

YNYS FYDLYN

Anglesey

Distance: 7.5 km (4.7 miles)

Difficulty: Easy-moderate

Terrain: Anglesey coast path; steep sections; close to cliff edges

Height gain: 333 metres

Map: OS Explorer 262

Starting point: National Trust Mynachdu Estate car park (GR SW 849 690)

Highlights

- Stunning cliff top walking
- Views across to The Skerries and lighthouse
- Views of the caves on Ynys Fydlyn

Pubs and cafes near the route

- The Church Bay Café
- The Lobsterpot Restaurant, Church Bay
- Wavecrest Café, Church Bay

Dogs

- Yes

Ynys Fydlyn Circular walk

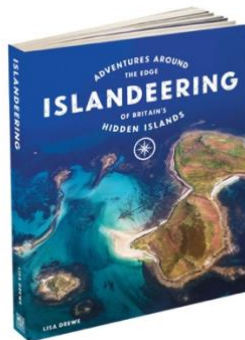
Directions

1. For the full clock-wise route turn right out of the carpark onto the quiet lane and follow it for 1.1 km to reach the farm complex (Orsedd Coch). Continue to the end of the buildings and take the track on the right (passed the house); follow for 200 metres until it bends to the left to reach the farm buildings,
2. Walk south from the buildings, following the hedge-line towards the stile. Follow the path over two more stiles then continue to follow the foot path signs. Climb the shoulder of the hill, pass the wooden building, then turn left onto the track and descend to St Rhuddlad's Church.
3. Turn right along the lane, continue to Gadley's Coastal Holiday Cottages, then follow the footpath signs between the buildings to reach the car park at Church Bay.



4. Walk to the beach, turn right onto the coast path along the cliff top for 1.5 km to cross the ravine at Gwter Fudur. The route dips down again to cross the stream bed near Porth y Nant, then follow a track until you reach a gate on the left. Go through the gate and take the path around the cliff edge of the headland, Trwyn y Crewyn, before descending steeply to the pebble beach near Ynys Fydlyn. From here, it is possible to ascend steeply from the north end of the beach to reach Carmel Head
5. To return to the car park, ascend from Ynys Fydlyn Beach, keeping the small lake to your left and walk through the open access land (no particular footpath to follow).

There are circular routes around 50 islands of Britain featured in our book "Islandeering: adventures around the edge of Britain's hidden islands".



Happy Islandeering
Lisa, Charlie and Goose
www.islandeering.com