**HADDISCOE ISLAND (CHEDGRAVE ISLAND)**

**Norfolk**

**Distance:** 19.3 km (12 miles)

**Difficulty:** easy

**Terrain**: footpath on dyke; overgrown in places

**Height gain**: 23 metres

**Map**: OS Explorer 40

**Starting point**: Haddiscoe Cut Bridge, St Olaves (GR TM 45383 99140)

**Highlights**

* Historic pumping mills
* Tranquil riverscapes
* Spotting Chinese water deer
* Big skies and sunsets

**Pubs and cafes near the route**

* The Bell Inn, St Olaves
* Priory Farm Restaurant, St Olaves

**Dogs**

* Must be kept on a lead at all times throughout the island.

**Haddiscoe Island Circular walk**

The circular walk around the perimeter of Haddiscoe Island starts at the beautiful riverside village of St Olaves and heads along the straight dyke of the New Cut towards the ‘resort’ village of Reedham. Following the dyke north east along the tranquil waters of the River Yare, the iconic mill and buildings of Berney Arms and Mill on the opposite river bank are then passed almost where the Rivers Yare and Waveney meet. The northern tip of the island, dips into the western reaches of the large stretch of water, known as Breydon Water, with the Roman ruins of mainland’s Burgh Castle claiming much of the view. The return leg at times tracks inland offering great views across the whole island with tantalising glimpses of the River Waveney through the reed beds.

1. Start underneath the Haddiscoe Cut Bridge, following the footpath signs along the top of the bank alongside the riverside moorings initially and then onto the grass bank.
2. After 3.4 km, at the nature pond, continue north east along the dyke; at 6.7 km there are good views across to Seven Mile House and Polkey’s Mill on the mainland.
3. At 9.7 km keep to the dyke to go through the perimeters of two properties, including the converted Red Mill, now a holiday let. Berney Arms and Mill can be seen on the opposite river bank.
4. Reach the northern tip of the island at 10.3 km, from here there are great views across the large expanse of Breydon Water, where the Rivers Yare and Waveney meet. As you turn south, on the return leg, there are great views across to the Roman built Burgh Castle. A little further on and the bank heads inland.
5. Reach Seven Mile House and mill at 15 km.
6. At 16.5 km reach Toft Monk’s Drainage Mill, a lovely tranquil area with well-preserved mill.
7. Pass the private house at 17.3 km and keep to the bank, passing a small pumping site on your right.
8. Continue through the boat yard, to reach the A143 at 18km, turn right and walk on the path back to the start of the walk.

*Happy Islandeering*

*Lisa, Charlie and Goose*

www.islandeering.com

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